

Questions Every Parent Should Ask Before Agreeing to Premolar Extractions

Before you move forward with any orthodontic treatment plan that includes removing teeth—especially in a growing child—take a moment to ask the right questions. This decision is permanent. And as we now know, removing healthy teeth can have lifelong impacts on breathing, sleep, and jaw development. You have the right to pause, gather more information, and explore healthier alternatives.

Use this checklist during your consultation, second opinion, or treatment planning discussion:

Ask These Questions:

- Will you assess my child's airway as part of the treatment plan?
- Do you prioritize jaw expansion before considering extractions?
- What non-extraction options are available for my child?
- How might this treatment affect my child's breathing and sleep?
- Can you share success stories or examples of expansion-based care?
- Do you collaborate with sleep doctors or ENTs?
- Will you evaluate both the upper and lower jaws for expansion?

Ready to Talk Through Your Options?

If you've been told your child needs teeth pulled for braces, let's take a closer look. At The Airway Dentists, we prioritize full-jaw development and airway health, not just straight teeth.

[Schedule an Evaluation →](#)